

Why?

Answers to life's most
important question

by
Mandeep Khera

 **OZARK**
MOUNTAIN
PUBLISHING

PO Box 754
Huntsville, AR 72740
479-738-2348
www.ozarkmt.com

©Copyright 2010 Mandeep Khera

All rights reserved. No part of this book, in part or in whole, may be reproduced, transmitted or utilized in any form or by any means, electronic, photographic or mechanical, including photocopying, recording, or by any information storage and retrieval system without permission in writing from Ozark Mountain Publishing, Inc., except for brief quotations embodied in literary articles and reviews.

For permission, or serialization, condensation, adaptations, or for catalog of other publications, write to: Ozark Mountain Publishing, Inc., PO Box 754, Huntsville, AR 72740, Attn: Permissions Department.

Library of Congress Cataloging-in-Publication Data

Khera, Mandeep

“Why?” by Mandeep Khera

Intended to provide readers with the meaning of God, religion, death, life, happiness, the power of positive thinking, a parallel universe, and other thought provoking concepts. Answers to life’s most important question.

1. God 2. Metaphysics 3. Death 4. Religion 5. Parallel Universe

I. Khera, Mandeep II. Title

Library of Congress Catalog Number: 2009942205

ISBN: 978-1-886940-67-3

Cover Art and Layout by www.enki3d.com

Inside Illustrations Design: DaVinci Designs

Book Design: Julia Degan

Book Set in: Times New Roman, Patrick

Published by

The logo for Ozark Mountain Publishing features a stylized mountain peak inside a circle to the left of the text. The text is arranged in three lines: "OZARK" in a large, bold, serif font, "MOUNTAIN" in a smaller, all-caps serif font, and "PUBLISHING" in a smaller, all-caps serif font.

PO Box 754
Huntsville, AR 72740

www.ozarkmt.com

Printed in the United States of America

Dedicated to

*My parents Mr. Avtar Singh Khera
and Mrs. Tara Kaur Khera*

and

*My wife Joan Marie Khera
and my son Taran James Singh Khera*

In the game of life, you can't lose.

And you can't win.

It's not about winning or losing.

It's about playing.

Table of Contents

Acknowledgements	vi
Prologue	vii
Chapter 1 The Unexplained Events	1
Chapter 2 The Destiny	5
Chapter 3 Is It Really Karma?	17
Chapter 4 Do We Have Any Control?	23
Chapter 5 Role of Religions	27
Chapter 6 Live the Moment	35
Chapter 7 Handling the Sad Events	39
Chapter 8 The Power of Positive Thinking	43
Chapter 9 The Meaning of Life	49
Chapter 10 The Life after Life	55
Chapter 11 The Life Beyond	63
Chapter 12 The Lost Spirits	69
Chapter 13 Finding Happiness	77
Chapter 14 The God.	83
Chapter 15 Communicating with God	87
Chapter 16 Why Can't We Understand His Motives?	89
Chapter 17 The Parallel Universe	91
Chapter 18 Life Beyond Earth	97
Chapter 19 The Evolution Theory	103
Chapter 20 A Conversation with God	109
Chapter 21 Thirteen Steps for A Contented Life	113
Bibliography	117
Author Page	119

Acknowledgements

I would like to thank many of my friends, acquaintances, and family who helped me in writing this book. Many of them are not specifically called out in this book, but every one of them helped me in some way. Sometimes by encouraging me, sometimes by prodding me, sometimes by giving good constructive feedback. But, for most of all, by believing in me. And, I hope at some point I can return the favor. I also humbly apologize to any one who is offended by this book. If this book caused any hurtful feelings, it was completely unintentional. Because the purpose of the book is to answer, without malice toward any one, one question objectively – Why?

Why?

Prologue

This book is intended to provide readers with the meaning of God, religion, death, life, happiness, the power of positive thinking, a parallel Universe, and other thought-provoking concepts. The author respects all religions and believes that religions by themselves are necessary to provide guidance to people. The analyses of different religions in the book are to put things in the perspective that regardless of the importance of religions, they are not bigger than the God.

I have taken a long time to write this book. The subjects of God and the meaning of life have not been easy ones to understand over the last few centuries; many philosophers and scientists have evaluated and written on the subjects of God and Life. My purpose in writing this book is not to create another "me-too" theory on subjects that have already been explored. My intent is to highlight God or The Supreme Power or The Creator, whoever that might be, in its full glory without making it a religious or cult book. But, perhaps more importantly, I want to provide the people of this world with some simple tips that might allow them to better deal with sadness, death, and the power to live happily by realizing that there is someone out there who is behind this Universe and perhaps other "Universes" as they may exist – whether that someone is a man, a woman, a unisex, an alien, or even a super computer. And I want people to know that there is a life after life. The current life we live is clearly short-term and has a definite ending to it. But regardless of what the doctors or scientists would say, we are *not* mortal beings. Not if you look beyond only the physical aspect of our beings. Each of us is immortal. We continue on living in different

forms. Life is infinite. God is infinite. We do not die. We just transition. In this book, I will analyze some of the reasons we have multiple lives and what we can do to make our current life and our future lives better and happier. There's a definite meaning behind everyone's life, and although we can control a lot of things, a lot of the aspects of our lives are destined to happen.

This book also includes scientific perspectives to allow you to look at the different sides. In many cases, science and religions agree, even if not directly. For example, religions often ask us to think positively about things from a moral perspective. Science confirms that positive thinking can allow you to influence things significantly. The power of positive thinking is an easy concept to execute, and yet most of us don't follow it consistently.

One of the most intriguing chapters in this book is the theory of a parallel Universe, which ironically is a topic of science. However, if you tie that notion to life, afterlife, and death, it provides a nice, unified view.

I will speak about Karma and Destiny. Karma has become a household word and phenomenon with many definitions associated with it. I have tried to answer questions around what we control versus what we inherit. For example, if everything is pre-ordained, why do we have to pay for our Karma? What pieces can we control? How can we influence our Destiny?

I have known for many years that I have to write this book because I am destined to do so. I hope this book will provide readers with answers to some of their questions when they think about different phenomenon in life and ask, "Why?"

Chapter 1

The Unexplained Events

"But the power of destiny is something awesome; neither wealth, nor Ares, nor a tower, nor dark-hulled ships might escape it."- Sophocles

December, 2004. People are enjoying a regular winter afternoon. Vacationers have filled the beaches, and kids are playing with beach balls and other toys. Mothers are taking care of the household chores while men are busy with their work. Just another ordinary day. And then it hits. A Tsunami with more than 100 foot waves that sweeps various nations, including Sri Lanka, Indonesia, India, and Thailand. Just another ordinary day turns into a graveyard of humanity. By the time it settles down, more than 250,000 people – men, women, old, young – are dead. Gone. Why? What had they done to deserve that? And, what about that one infant, just a few months old, who survived the storm's fury. What explains that? Randomness? Chance? Luck?

September 11, 2001. A dark day for the United States. Terrorist attacks take over 2,600 innocent lives. Many of them small children and seniors from practically all nationalities. Was it Destiny for these people to die like that? What had they done wrong? For them, it was going to be a routine day. But, it wasn't. Did God really mean to do that? But, why? And, what about the few lucky people who were supposed to be in the building or the crashed planes, but didn't go due to an alarm not going off or other reasons. Did they have a premonition or was there someone looking out for them – a guardian angel, God himself,

Why?

or some other spiritual form? And, what about the "terrorists" who took their own lives to kill so many innocent people? Are they the evil ones or was it their Destiny to die, killing thousands of other people?

A TWA plane crashed in New York. Two hundred and fifty people died in one of the worst airplane tragedies in the aviation history. The devastating accident also consumed 50 children of ages ranging from 6 months to 19 years. They were living, joyous, full of life just before the flight. Now, they are gone. Forever – at least in their last form. Just a random accident? Is it luck? Or is it Destiny? What could these children have done to deserve that? Some of them had barely started their lives before their lives were taken away. Why? Why? Why? Why did God have to do that?

Adolf Hitler. Millions of people butchered and killed for no logical reason by one egoistic individual. Did God do that? Or was that man a manifestation of devil? And, if God didn't do it, why didn't he stop the killings?

Bosnia. Ten thousand people, including children and women, were killed during the two years of the civil war. Just two years ago, the life in Bosnia and former Yugoslavia was peaceful and happy. What happened? Why did those people, most of whom were innocent, have to die? Did God do that? Why?

A child falls in the bear pit, but is carefully moved to a safe spot by a mother bear. Mere luck? Or did God save the child? Why?

A child is born dead. A plane crashes with 100 people dead, but there were four survivors. A couple survives after getting lost in a snow storm for ten days. We hear about many such stories on a daily basis in our lives. The mysteries remain unexplained.

If we were to diagnose these events scientifically, there would be no answer. But how else would we explain these events?

The Unexplained Events

After all, we have been brainwashed for years about having evidence and proof for every thing before believing. As children, we were taught the principles of mathematics, science, and other subjects that showed proof of our solutions. If we talked about spiritual phenomenon, we were discouraged by our families. As we grew up with these biased minds, our friends, and peers, who also had grown up with the same ideas, did not feel comfortable discussing phenomenon beyond the boundaries that had been established throughout our lives.

So, how do we explain these events? How do we explain why four people survived in the crash when everyone else died? How do we explain the deaths of innocent children occurring throughout our lives when thousands of murderers, robbers and other bad elements of our society who continue to live a long life? Most scientists will explain these as mere coincidences, chance, luck, or accidents – but are they really? Or is there another hidden meaning behind these events? Are these planned events in the overall scheme of things, and we are just acting according to the plan leading to these events? Is it Destiny? Who created this Destiny?

As we start analyzing the events in our lives, we'll find that there are more questions than answers. Answers can be found, however, but we have to find answers for ourselves. This book will help you guide yourself to find your meaningful answers. How do you know if those answers are correct? Believe in them and you'll know.